



THE

LUNNE LIST

THE CHICEST SPOTS AND ELITE EXTRAVAGANCES
MAKE IT ALL TOO EASY TO LIVE LIFE TO ITS FULLEST.

BY ARIEL CHEUNG, LAURA HINE,
JACLYN JERMYN & DAVID ZIVAN

Health & Beauty

Looking good and feeling good are a snap thanks to these resources.

BEST USE OF RED WINE

In the private room of **Aire Ancient Baths**, you relax in a two-person antique bath filled with antioxidant-rich red wine. While you soak, you'll receive a 15-minute scalp massage followed by an hourlong couples massage. *À votre santé!* \$800-\$900, 800 W. Superior St., beaire.com

BEST GOLD STANDARD PAMPERING

With its 24K Gold Luxe Package, the **Spa at JW Chicago** offers a pampering package with exfoliation, envelopment in mineral-rich gold mud, a relaxing scalp massage, an 80-minute signature massage and an 80-minute gold collagen facial. *Four-hour treatment \$775*, 151 W. Adams St., marriott.com

BEST WAY TO ENHANCE YOUR MOVES

Opening soon in the Gold Coast, **Ethos Training Systems** will offer private training, group classes and Kinstretch, which is the first-of-its-kind mobility class meant to improve your range of motion. *Private training \$80, group classes \$25*, 314 W. Institute Place, ethostrainingchi.com

BEST PLACE TO GO AU NATUREL

The new **Wellchemist** is a curated clean beauty concept store at Bloomingdale's, where you'll find luxe brands like Skin Design London and Ursa Major. *900 North Michigan Shops*, bloomingdales.com

BEST BROW SHAPING

For over 30 years, Cheryl Renella at **Channing's Studio & Spa** has tweezed brows (she never uses hot wax or threading) to perfection. She's in demand with local celebrities like Desirée Rogers because, if your brows look good, you look good. *Initial 30-minute appointment \$100*, 67 E. Oak St., channings.com

BEST WAY TO PEEL BACK THE YEARS

The popular no-downtime combination treatment at **Mireille's Studio** starts with a chemical peel followed by a Dermalinfusion treatment, which exfoliates, extracts and infuses serum simultaneously, leaving your skin intensely rejuvenated. *Both*

treatments \$414, 47-49 E. Oak St., mireillesstudio.com

BEST ALTERNATIVE TO MICRONEEDLING

If you're looking to increase your skin's collagen and elastin but are wary of microneedling, **Mario Tricoci** just introduced three new treatments with RevitaPen Pro Dermalinfusion by Osmosis that produce instant results with no downtime. The complete Osmosis line is also available for in-home use. *Facials \$125-\$185*, 900 North Michigan Shops, tricoci.com

BEST FACIAL FOR GLOWING RESULTS

The holistic skincare at **Elina Organics** includes using bioenergized infusions of diamonds, sapphires, emeralds and gold in the Organic Gemstone facial—all to make your skin sparkle. *75-minute treatment \$150*, 100 E. Walton St., Ste. 600E, elinaorganics.com

BEST COLORIST FOR BLONDES

Amy Geister has trained with some of the industry's best, including Zahir Ziani. As salon manager and color director for **SalonDJ**, she is adept at keeping tresses blonde, not brassy. *Color from \$60*, 300 N. Elizabeth St., Ste. 210C, salondjchicago.com

BEST COLORIST FOR REDHEADS

Going red is a statement, but colorist Nicole Berry at **George the Salon** specializes in finding the right combination of warm red and copper tones to reflect light and keep color



The Red Wine Experience at Aire Ancient Baths includes a relaxing scalp massage.