

AUGUST 2011

THE SPA PROFESSIONAL'S CHOICE

american spa

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PALM SPRINGS PARADISE

SPA LA QUINTA AT LA QUINTA RESORT & CLUB (CA)



seasonal skincare

Forget fall. Summer is the perfect season for spa lovers to embrace the countless benefits of pumpkins and yams at the **Golden Door Spa** at the Waldorf Astoria Park City (UT). Using Éminence Organic Skin Care products, the Yam and Pumpkin Enzyme Peel (\$85, 25 minutes) helps clients reveal radiant skin with a pleasant puree of yams and pumpkins, which accelerates the exfoliation process to peel away dead skin cells and reduce hyperpigmentation, fine lines, and sun damage. The natural enzyme content also increases collagen production, which leaves skin firm and with increased elasticity. An ideal addition to any of the spa's selection of facials, it's a blissful way to enjoy traditional autumn bounty all year long. For Éminence Organic Skin Care products: (888) 747-6342; www.eminenceorganics.com.—*J.K.*

■ Precious Gem ■

Ideal for sun-damaged skin, the Crushed Amber Rejuvenating Facial (\$75, 60 minutes) at **Elina Organics** (Chicago and Kalamazoo, MI) begins with a cleansing and vacuuming of the skin and a massage with Elina Crushed Amber Serum to brighten and exfoliate. The esthetician then creates a warm mask by mixing freshly brewed organic herbal tea with a powdered Elina Blend of amber, oat protein, and spirulina. For deeper penetration, a galvanic, LED, or ultrasonic device is used over the mask before warm herbal compresses are applied. Once the mask is removed, the skin is refreshed with a toner, and the Ambra-Lift Skin Elixir is massaged into the skin. "The crushed amber protocol nourishes the skin with UV-fighting antioxidants found in Baltic Amber, a gem full of healing properties," says Elina Fedotova, CEO of Elina Organics. "Its energetic and medicinal qualities have been recognized for thousands of years. Aristocratic Roman ladies would rub pieces of it against their skin for a more youthful look. A study done on Ambra-Lift Skin Elixir, which contains Baltic amber extract and seabuckthorn oil, shows it has strong anti-inflammatory and antioxidant properties and stimulates a key anti-aging gene." For Elina Organics products: (877) 384-8300; www.elinaorganics.com.—*H.M.*

